

Free to Change



RESEARCH & REALITY. (Overview)

Section 1:

The Free To Change Survey 2020 of 78 FORMER LGBT People.

The Real Story about so-called “Conversion Therapy” The CAUSE 2020 Survey of 78 Ex LGBT People in and outside Australia who left their former LGBT Lives.

On a scale of 0 – 100%, The 78 People Reported Average Changes of:-

- ✓ **Suicides Averted. 59% of the group reported a 39% deduction in suicidal ideation.**
- ✓ **Anxiety down. 93.6% of the group reported a 49% reduction in anxiety.**
- ✓ **Professional & Religious Counselling Used. 78.2% used either or a combination.**
- ✓ **Sexual Orientation Totally Changed. 46%**
- ✓ **Gender Identity Reverted to Natal Sex. 100%**
- ✓ **People in Heterosexual Position Post Change. 74.35%**
- ✓ **Self-Image Improved. 94.9% of the group reported a 50% improvement**
- ✓ **Relationships Improved. 74.4% of the group reported a 30% improvement**
- ✓ **Physical Health Improved 69% of the group reported a 21% improvement.**
- ✓ **Sexual Orientation and Gender Identity Change is long lasting.
72% changed 10 years ago. 21.8% changed 30 years or more.**



67.9% of the 78 are Tertiary educated so one can presume they have some considerable level of intellect to comprehend what they are doing and how to answer this survey

“Conversion Therapies” These 78 People Reported Being Used Today.

| | | | |
|---|------------------------------|---|-----------------------|
| ✗ | Electro-Shock Treatments. 0% | ✓ | Counselling 78.2% |
| ✗ | Ice baths. 0% | ✓ | Support Groups. 47.7% |
| ✗ | Heterosexual Rape. 0% | ✓ | Prayer. 68% |
| ✗ | Bashings. 0% | ✓ | Camps. 10% |
| ✗ | Exorcisms. 0% | ✓ | Peer Support. 45.6% |

- The Aversion “Therapies” with red crosses have not existed for over 30 years and most were in fact used by psychiatrists in clinics to “cure” homosexuality.
Today most are crimes so why are they even being referred to in this debate?
- The Support Therapies next to the green ticks are used today and is what this group of 78 people said helped them.
So why are we banning them?

CONCLUSION: The Free To Change Study found that for those that have unwanted Same-Sex Attraction or Gender Dysphoria: “Conversion Therapies” do work. People change from living LGBT lives. The changes are beneficial. The change is long-lasting. **That the therapies stopped suicides.**

Ask yourself, “Are all these 78 adults lying or are they simply deluded?” Or ... have they in fact used “conversion” therapies” (counselling and support) and changed their lives as they wanted?

Section 2:

Paediatrician, Professor John Whitehall writes about Gender Dysphoria and the effects of anti-conversion therapy laws.

- Childhood gender dysphoria and anti-conversion therapy laws.

Paediatrician, Professor John Whitehall.



Section 3:

Lawyer, John Steenhof, head of the Human Rights Law Association presents a Legal Analyses of the Change or Suppression (Conversion) Practices Prohibition Bill 2020 (Vic) that is before the parliament.

- Legal Analyses of Change or Suppression (Conversion) Practices Prohibition Bill 2020 (Vic)
Lawyer, John Steenhof HRLA



Section 4:

Psychologist, Dr. David Pickup operates the largest SOCE (conversion therapy) clinic in Texas. He writes about the many people he has assisted changing from their former LGBT lives.

- Therapeutic Evidence of Change In Those Whose Feelings Are Not Genetically Fixed.
US Psychologist, Dr. David Pickup.



Section 5:

Licensed Professional Counsellor, Jon Uhler, writes about the unrealised consequences conversion therapy laws will have on our society.

- The Unintended Consequences of “Anti-Conversion Therapy” Legislation.
US Psychologist, Jon Uhler.



Section 6:

Dr Con Kafataris presents a literature review on the claims that there is abundant proof that SOCE only damages people. His article shows that is not the case and even the “go to” APA paper does not demonstrate that.

- Literature Review of Reports of SOCE Practices. Are Therapies To Assist with Unwanted SSA “Discredited and Dangerous.”
Dr Con Kafataris.



Section 7:

The raw testimonies of 23 of the 33 stories of change that the people who completed the survey shared.

- Former LGBT People Share Their Story of Change.



Watch the Summary of the Survey Video Here:

https://media.freetochange.org/Video/CAUSE_data_video_updated_results_REV001.mp4

Watch, Listen, Read the stories of change by 33 people Here:

<https://www.freetochange.org/ex-lgbt-stories-of-change/>

<http://www.freetochange.org> Contact@freetochange.org